## PERFORMANCE FACIAL TREATMENT

Prior to an Ultraceuticals treatment, a full consultation will be performed to assess the skin and devise a bespoke skin program for your concerns. A series of facial treatments along with home care will be required to achieve best results. Depending on your concerns, your Skin Expert may suggest a combination of the most appropriate Ultraceuticals Peel combined with a Brightening Accelerator Mask to optimize benefits. Ultra Performance Treatments are recommended in a series of 3 intially with a minimum of 2 weeks between facial treatments.

### MATTIFY AND CLEAR

Ultraceuticals Mandelic Peel is an Alpha Hydroxy Acid (AHA) designed to provide skin clarity and deep cleanse. Ultraceuticals Mandelic Peel utilises a blend of Mandelic Acid, Niacinamide and Clove Oil. This peel is generally suited for oily, congested and problematic skins to target excess oil, cleanse and even skin.

### HYDRATE AND FIRM

Ultraceuticals Lactic Peel is an Alpha Hydroxy Acid (AHA) that is suitable for normal and dry skin, and with early signs of ageing on the skin including fine lines, wrinkles and discolouration due to sun damage. This Peel is designed to increase hydration and provide firmer looking skin.

### REJUVENATE AND REVITALISE

A-Zyme<sup>TM</sup> Peel is a Retinol (Vitamin A) peel that has an added exfoliating ingredient, Bromelain to help brighten and provide overall rejuvenation to the look of your skin. Suitable for Normal, dry or oily skins concerned with signs of premature skin ageing and uneven skin. May be performed on all Fitzpatrick skin classifications.

### REFINE AND REJUVENATE

PHA Refining Solution is mild hydrating peel containing a skinidentical acid (gluconolactone) that rejuvenates all skin types, including sensitive skin. Refines the surface of the skin, leaving it looking plumped, rejuvenated, brighter and glowing. A gentle treatment, ideal as an introduction to first-time peel guests with no to minimum downtime.

#### **RADIANCE AND GLOW**

The Brightening Accelerator Mask is ideal for normal, dry or oily skin types concerned with discolouration due to sun damage or skin lacking in vitality. It features a combination of Alpha Hydroxy Acids (AHAs), Salicylic Acid (BHA) and Niacinamide (Vitamin B3) combined with a powerful blend of brightening agents to help resurface the skin and restore clarity and luminosity. May be performed on all Fitzpatrick skin classifications.

# CUSTOMISED MANDELIC OR LACTIC PEEL FOLLOWED BY BRIGHTENING ACCELERATOR MASK

This combination treatment is for skin that may require exfoliation, deep cleansing or hydration as well as added luminosity that the Brightening Accelerator Mask will provide. This treatment is suitable for normal, oily, dry skins in need of added radiance.

## WHAT TO EXPECT

## PRE-CARE

- Prior to an Ultra Performance
   Treatment you will be recommended a homecare program suited for your skin type
- Ultra Daily SPF Protection should be used
- A series of facial treatments will be required for best results (minimum of 2 weeks in between)
- Stop the use of all Retinol products 48 hours prior to the peel
- We recommend waiting between 3-14 days following injectables before performing a facial treatment depending on the advice of the practitioner.

# **DURING THE PEEL**

A slight tingling, itching, redness or heat may be experienced on the skin. This is due to the active ingredients within the Peel performing their action.

## AFTER THE PEFI

- You may experience mild discomfort, redness and/or flaking of the skin
- It is not necessary to see visible flaking or peeling of the skin for the peel to have worked
- Makeup (preferably mineral) may be worn immediately following the treatment
- If you have any concerns following your treatment, please contact the business where your skin treatment was performed
- You must discontinue use of any corrective products in your homecare for the next 5-7 days. Brightening Accelerator Mask is 2 days. This includes products containing AHAs, BHA, Vitamin C (Ascorbic Acid) and Retinol (Vitamin A)
- Ultra Daily SPF Protection must be used daily
- Avoid vigorous exercise or excessive heat including saunas, steam baths, hot showers or chlorinated pools for 48 hours following your treatment

- Avoid waxing, IPL or laser treatments for 2 weeks following the treatment
- Suggested products to use within your homecare should include the following:
  - Ultra Cleansing range
  - Ultra B<sup>2</sup> Hydrating Serum
  - Ultra Moisturising range
  - Ultra Protective Antioxidant Complex
  - Ultra Daily SPF Protection
- Rare side effects can occur whenever a skin treatment is performed
- Do not pick at peeling skin
- Do not prematurely expose the skin to the sun

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